

PSHE - Pupil voice

Pupil voice refers to the ways in which learners thoughts and opinions are invited and engaged with. Pupil participation is about developing a culture in school where all children have a voice and play a role in decisions that affect their learning and well-being.

- Reception

“We have been learning about kind hands and no pushing because it’s mean...this is the same at home. If we do something wrong we say sorry”.

“We all have different families...some people have a mum and a dad, some live with their Granny... those are our families and we love them”.

“We tidy up our own areas at school”.

Talking about moving to Year 1...

“We have been to see the classes to have a look and we are excited to move on...everyone in school moves on”.

“In school we help each other”.

“You need to be respectful if someone is talking. If someone is hurt you can get an adult. If you are on your tablet you need to be kind to other people. You need to walk safely so you don’t trip over”.

- Year 1 and 2

“We know about sleep, healthy choices and healthy diet...we looked at a wheel...with food on like vegetables and fruit. The smallest bit was chocolate and sweets...they are not healthy and have no vitamins. We need them to be strong”.

“We learnt about being safe on the road...we watched a video, you need to stop...listen...look and look again...that is how you cross the road, we made chalk road maps”.

“We have learnt about the science words for parts of the body...we labelled them...we need to know those words if we go to the doctors and so they know what you are talking about”.

“We have talked about Bullying...if you don't like what someone is doing you can say 'stop' and 'I don't like it'...if they do not stop you can talk to a grown up you trust”.

“You need to try hard, we need to keep safe by the road, keeping healthy is washing you hands and don't take medicines without your Mum. We need to keep safe with water and fire, families...everyone is different but we all love our families. We do PSHE because when you have children you need to know what to do. Don't talk to strangers on the computer”.

“Working in a group means helping each other, if we have an argument we know what to do, all our families are different and that's ok, we do PSHE so we know what is right and wrong, so we don't hurt someone's feelings, don't give someone your password”.

- Year 3

“We have been learning about how to take care of ourselves, how to love and like ourselves.”

“We do PSHE so that when we are older we know how to look after ourselves. How to treat yourself well and having a healthy balance”.

“We have been learning about resilience and to try our hardest...if you don't try then you won't achieve anything and having a growth mindset and use positive vocabulary”.

“We have been doing water safety...did you know SAFE stands for ‘Stay Away From the Edge’! If something goes into the water by accident to get a ball, don't go in and get it, don't put yourself in danger wait for it to come back to you or ask an adult to help...don't get out of your depth in the water, be aware”.

“We need to eat healthy foods, we talk about who is important to us, we know about our emotions and if someone is sad, we know what to do at playtime if someone is sad, if you ever get in a situation you know what to do, if you game with someone don't tell them your personal information, we know about people who have Autism and about their feelings”.

- Year 4

“In PSHE we learn about how we can deal with our emotions...we talked about calming methods and what is best for us”.

“We have talked about peer pressure, what is good and not good...if your friends make you do something, you need to sort it out and talk to an adult. You need to stay strong”.

“We talked about healthy foods and why we need them”.

“You need to be a good role model and make your behaviour better because other people can copy your actions”.

“We have been learning about how to use our money safely and advertisements and what to buy...you need to be careful of the price and that cheaper is not always better”.

“We need to exercise and exercise your brain, we know about Growth Mindset and ‘your best is enough’. You need to help other people and help yourself. We know what to do if we fall out with our friends. We do PSHE so we know how to share. If we are gaming we need to be safe.”

- Year 5

“In PSHE we talk about our friendships, how to resolve arguments because as we get older we need to work together. We also talked about our relationships with our families and about trust and love”.

“In our consent lessons we learnt that have to ask if someone is comfortable with you touching them”.

“Our puberty lessons are about how we are growing up and are for the future for how to manage.”

“We talked about times when we are scared. We do circle times and talk about kindness, we need to keep safe on the computer and talk to an adult, we can recognise how to help each other, we talk about different ways to deal with stress, we learn more about each other, we do PSHE so that when we are older we know how to cope. We talk about mental health and how to be safe and how to deal with our friends”.

- Year 6

“We have been learning about transition to secondary school using our Smart Moves booklet. We write about our family, our friends and our feelings”.

“We know that we need to balance our schedules and that everyone needs some time out, to relax”.

“We talked about how to use mobile phones safely, our digital footprint, a picture or screenshot can be there forever and to be careful about group chat”.

“We have talked about healthy friendships and caring for each other”.

“We have been learning about our feelings and being resilient, growth mindset”.

“We are doing Smart Moves and transition. How much sleep we should get and why, how to get to school safely so we are prepared. We have talked about positive learning environments, our feelings and emotions and how to relax (for example listening to music or breathing). We talked about what Apps we use and what age they are for. We do this because work can be stressful, so we need to be ready later down the line”.