

2023/2024

TERM 1

TERM 2

TERM 3

Reception

Gymnastics : Unit 1

Gymnastics : Unit 2

Ball Skills : Unit 1

Ball Skills : Unit 2

Games : Unit 1

Sports festival activities

Forest School

+

Year 1

Ball Skills

Yoga

Sending and Receiving

Fitness

Athletics

Target Games

Fundamentals

Team Building

Gymnastics

Dance

Forest School

Sports Day activities

+

+

+

+

+

+

Year 2

Forest School

Fitness

Dance

Net and Wall Games

Swimming: Beginners

Swimming: Beginners

Fundamentals

Team Building

Ball Skills

Gymnastics

Dance

Athletics

+

+

+

+

Invasion Games

Sports Day activities

+

+

Year 3	Dance	Dance	Yoga	Forest School	Forest school	Forest School
	Swimming	Swimming	Ball Skills Y3/4	Gymnastics	Gymnastics	Sports Day activities
	+	+	+	Athletics	+	Ball Skills Y3/4
				+		Athletics
Year 4						+
	Ball Skills Y3/4	Gymnastics	Netball	Swimming	Rounders	Athletics
	Forest school	Forest School	Swimming	Dance	Dance	Sports Day activities
	+	+	+	Fitness	+	OAA
Year 5						+
	Football	Hockey	Fitness	Dodgeball	Cricket	Sports Day activities
	Dance	Tag Rugby	Gymnastics	Yoga	Athletics	
	+	Forest school	+	+	+	
Year 6						
	Football	Tag Rugby	Netball	OAA	Athletics	Hockey
	Dance	Forest School	Forest School	Yoga	Rounders	Sports Day activities
	+	+	+	+	+	+